



## **Beyond Consequences Institute, LLC**

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[www.beyondconsequences.com](http://www.beyondconsequences.com)

### **Issues Facing Adoptive Mothers (and Dads)**

Parents

Keynote/Breakout

All too often, families find that “raising trauma” can quickly shift a home into a state of disequilibrium or many times into utter chaos. This workshop is based off of a research study by the presenter on the stressors mothers face in raising children with traumatic histories. Published in the *Journal of Social Work*, this study not only validates parents’ struggles, but also reassures these parents that they really aren’t going crazy! The research findings from this exploratory research study will be presented along with a comprehensive discussion of parent related post-adoption issues and solutions.

### **Heather Talbert Forbes, LCSW**

Author of *Beyond Consequences, Logic, and Control, Vol. 1 & 2, Dare to Love, and Help for Billy*



#### Brief Biography:

Heather T. Forbes, LCSW, is co-founder and owner of the Beyond Consequences Institute. Forbes has worked with nationally recognized attachment professionals in the field of trauma and attachment since 1999. She is an internationally published author on the topics of adoptive motherhood, raising children with difficult and severe behaviors, and self-development. Forbes lectures, consults, and coaches parents throughout the U.S., Canada, and the U.K., working to create peaceful, loving families. She is passionate about supporting families by bridging the gap between academic research and “when the rubber hits the road” parenting. Much of her experience and insight on understanding trauma, disruptive behaviors, and adoption-related issues comes from her direct mothering experience of her two adopted children.